

Recipe
Drink of the day

Sambharam/ Kerala ButterMilk

Bibin Mathew



Ingredients

- Curd - 700ml
- Shallots - 6pcs
- Ginger - 2inch
- Curry Leaves - few
- Green Chilli - 2
- Salt - As needed
- Water - If need be

Ela Ada

- Rice Powder - 2 Cups
- Water - 2 Cups
- Salt - As needed
- Cardemom Powder - 3/4 Teaspoon
- Coconut - 2 cups
- Jaggery - 2 Blocks
- Plantain Leaf - As required

